

Psychology in France Summer B, 2010

Travel dates: July 2-July 28, 2010

University of Florida Study Abroad

The University of Florida offers this new Summer B course which will explore the boundaries of psychology and spirituality by contrasting old and new worldviews. We will visit the Cathedral at Chartres which is famous for the labyrinth, a symbol for spiritual pilgrimage and personal transformation. We will learn about crossing cultural boundaries in Western and Eastern religious traditions by visiting two intentional monastic communities for week-long immersion experiences: the Christian Ecumenical Community of Taize and the Buddhist community of Plum Village. We will tour historic and sacred sites in the Dordogne region famous for the Caves at Lascaux II and the medieval pilgrimage site of Rocamadour. All classes and experiential learning will be conducted in English.

Highlights

1. Visit the labyrinth at the Chartres Cathedral.
2. A week-in-residence at Taize, a Christian Ecumenical Community, well known for its music and outreach to young people. <http://www.taize.fr/en>
3. A week-in-residence at Plum Village, a Buddhist monastery, well known for its teacher, the venerable Thich Nhat Hanh, where we will learn Mindfulness Meditation. <http://www.plumvillage.org/>
4. Touring in the Dordogne region in Southwest France.

Course Offerings (3 – 4 UF credits, variable)

PSY 4930 Special Topics “Exploring Psychology and Spirituality: Old and New Worlds”)

PSY 4905 Individual Work

Who should apply?

Students who have an interest in culturally diverse expressions of religion and spirituality and personal psychological growth are encouraged to apply. This course is a unique opportunity to experience living-in-community which focuses on following a spiritually-based life. Guest visitors at these monasteries

come from all over Europe and there will be ample opportunities to relate across cultures. In addition, part of the course will focus on learning Mindfulness Meditation and its applications in psychology.

Eligibility:

UF and non-UF Students

Minimum 2.50 GPA or higher

Open to all majors

Interview with the course instructor required

Submit written essay questions, one letter of recommendation, and a recent transcript.

Academic Credits:

This is a UF program, taught by UF faculty. UF credits taken can satisfy major, minor, elective and university requirements with prior approval.

2010 Program fee: \$3850

Program fee includes all housing, ground transportation, tour guide services in Paris and Dordogne areas, and all meals while in residence at Taize and Plum Village. *Round-trip airfare is not included. In addition, students are responsible for some meals, admission fees (churches, museums), and any additional personal travel and personal expenses.*

Contact information:

UF Study Abroad Advisor: Martin McKellar 352 273 1524

mmckellar@ufic.ufl.edu

Faculty Instructor: Mary Fukuyama, PhD 352 392 1575 fukuyama@ufl.edu

Student Financial Aid Advisor: See your assigned financial aid advisor

Faculty/Staff description Dr. Mary Fukuyama, the course instructor, is an affiliate Clinical Professor in Counseling Psychology and Counselor Education, and has worked as a licensed psychologist at the UF Counseling Center for over 25 years. She has published a textbook on *Integrating Spirituality into Multicultural Counseling*, and specializes in exploring culturally diverse expressions of spirituality and religious practice. Ms. Kaydie Vistelle will be assisting as tour guide; she has lived in France and has conducted tours in France for over ten years. Kaydie is also a French and Spanish language teacher and owns her own language school <http://funlanguagesgainesville.com>

Application Deadline: March 15, 2010. The class size is limited, so please apply early. Application forms are available online at

<http://www.abroad.ufic.ufl.edu>